

# HOW TO PRAY FOR HEALING AND RESTORATION (ANSWERS)

40 Days of Prayer - The King's Chapel – October 14, 2018

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*IF my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, THEN I will hear from heaven and will forgive their sin and heal their land.*

**2 Chronicles 7:14 (ESV)**

## 4 CONDITIONS:

### 1. ADMIT I'M NOT IN CONTROL

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*"If my people... HUMBLE THEMSELVES..."*

**2 Chronicles 7:14a**

### HUMILITY

#### IF I'M HUMBLE, GOD WILL GUIDE ME

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*"He leads the humble in what is right, and teaches the humble his way."*

**Psalms 25:9 (ESV)**

#### IF I'M HUMBLE, GOD WILL BLESS ME

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*"I will bless those who have humble and contrite hearts . . ."*

**Isaiah 66:2 (NLT)**

#### IF I'M HUMBLE, GOD WILL GIVE ME THE POWER TO CHANGE

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*"God opposes the proud but gives grace to the humble."*

**James 4:6 (ESV)**

#### IF I'M HUMBLE, GOD WILL REDUCE MY STRESS

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*Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.*

**Matthew 11:29 (ESV)**

### 2. ASK GOD FOR HELP!

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*"If my people . . . PRAY . . ."*

**2 Chronicles 7:14b."**

*Jesus: ". . . Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you. Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full."*

**John 16:23-24 (ESV)**

*"Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise. Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven."*

**James 5:13-15 (ESV)**

*"Pray in the Spirit at ALL times with ALL kinds of prayers, asking for ALL you need. To do this you must ALWAYS be ready and never give*

up! ALWAYS pray for ALL God's people."  
**Ephesians 6:18 (NCV)**

### **3. SEEK GOD, NOT A MIRACLE!**

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*"If my people . . . SEEK MY FACE . . ."*  
**2 Chronicles 7:14c**

*"I love those who love me, and those who seek me diligently find me."*  
**Proverbs 8:17 (ESV)**

*"He rewards those who seek him."*  
**Hebrews 11:6b (ESV)**

*"But from there you will seek the Lord your God and you will find him, IF you search after him with all your heart and with all your soul. When you are in tribulation, and all these things come upon you in the latter days, you will return to the Lord your God and obey his voice. For the Lord your God is a merciful God. He will not leave you or destroy you..."*  
**Deuteronomy. 4:29-31a (ESV)**

*"But seek first the kingdom of God and his righteousness, and all these things will be added to you."*  
**Matthew 6:33 (ESV)**

### **4. TURN MY ATTENTION FROM THE WORLD TO THE WORD**

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*"If my people . . . TURN FROM THEIR WICKED WAYS . . ."*  
**2 Chronicles 7:14d**

*"If you hide your sins, you will not succeed. But if you confess and reject them, you will receive mercy."*  
**Proverbs 28:13 (NCV)**

*Therefore, confess your sins to one another and pray for one another, that you may be healed.*  
**James 5:16 (ESV)**

### **3 PROMISES:**

**I WILL HEAR FROM HEAVEN**

**I WILL FORGIVE YOUR SIN**

**I WILL HEAL YOUR LAND**